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VITAMIN D Drops

Breast milk provides excellent nutrition for your baby; however, it does not contain the amount of Vitamin D that your baby needs for bone growth and bone health. For this reason, babies who are exclusively or predominantly (receiving less than 17 ounces of formula per day) breast-fed do require a Vitamin D supplement.

We recommend either of the following for you to give **TO YOUR BABY**:

- D-VI-SOL: 1 ml by mouth once daily
- Baby D Drops: 1 drop by mouth once daily

This supplement should be given to your baby until they are either on 17 or more ounces of formula daily OR taking whole milk. These medicines are available without a prescription at pharmacies or grocery stores.